**Title of Your Manuscript (Capitalized Each Word)**

First Author1, Second Author2 , Third Author3, and Forth Author4

1Affiliations

2Affiliations

Corresponding author email: firstauthor@gmail.com

**Abstract**

Provide a concise summary of the chapter (150–250 words), highlighting its main objectives, methodology, key findings, and contributions.

**Keywords:** List 5–10 relevant keywords separated by commas

**Heading 1 Example: Introduction**

Introduce the topic, background information, the chapter's objectives, and its significance. Clearly state the research problem and the scope of the discussion.

*Subheading for Heading 1*

[Details under this subheading.]

**Heading 2 (Second Major Section Title)**

*Example for Figure and Table*

A white rectangular form with black lines

Description automatically generated with medium confidence

Figure 1.NASA-TLX Questionnaire (Adopted from NASA Ames Research Center [23])

Table 1. NASA-TLX Subscales Definition (Adopted from NASA Ames Research Center (1986))

|  |  |  |
| --- | --- | --- |
| Indicator | Rating | Description |
| Mental Demand | Very low, Very high | How much **Mental activity** is required when learning through digital video courseware |
| Physical Demand | Very low, Very high | How much P**hysical activity** is required when learning through digital video courseware |
| Temporal Demand | Very low, Very high | How much **Time Pressure** fulfilling to learn all modules when learning through digital video courseware |
| Performance | Perfect, Failure | How big is the **Success Level** in fulfilling to learn all modules when learning through digital video courseware |
| Frustration level | Very low, Very high | How much **effort did you put in physically and mentally** in fulfilling the required tasks while learning through digital video courseware |
| Effort | Very low, Very high | How much **Pressure Do You Feel to Feeling Unsafe, Discontinued, Offended, or Disturbed** to fulfil the required tasks while learning through digital video courseware |

**Conclusion and Recommendations**

Summarize the main points of the chapter, including key findings, implications, and future directions for research or practice.

**References**

Use APA (7th edition) format for all references. Ensure that every in-text citation has a corresponding entry in the reference list.

Example:

Smith, J. (2020). Title of the Book or Article. Publisher Name. DOI or URL.

# Acknowledgment

This research was not funded by any grant.

**Appendix (Optional)**

Include supplementary material, such as datasets, survey questions, or additional figures and tables.

**Notes to Authors**

1. Formatting: Use Times New Roman, 12-point font, double-spaced, with 1-inch margins.
2. Figures and Tables: Include descriptive titles. Position them close to the text where referenced and provide source citations if applicable.
3. Length: Chapters should be approximately 8,000–10,000 words, unless otherwise specified.
4. Plagiarism Check: Ensure the chapter is original and properly cited.